



01. & 02. November 2021

# CAS Sex- and Gender-Specific Medicine

Module "Musculoskeletal Medicine, Autoimmunity & Gender Forensics"

Prof. Dr. Johannes Scherr

Universitäres Zentrum für Prävention und Sportmedizin

Universitätsklinik Balgrist



Universität  
Zürich <sup>UZH</sup>

*u<sup>b</sup>*  
UNIVERSITÄT  
BERN

# Timetable – the next two days

**Day 1**                      **Module "Musculoskeletal Medicine, Autoimmunity & Gender Forensics"**

Time	Subject	Lecturers
08:30 - 09:15	Sex- and gender-specific musculoskeletal and craniocerebral injury patterns	Dr. med. Ste...
09:15 - 10:00		
10:00 - 10:30	<i>Coffee break</i>	
10:30 - 11:15	Women specific topics in non-musculoskeletal sports medicine: - Gender-specific differences in terms of metabolism under physical strain - Influence of sex hormones and gender on trainability	Prof. Dr. med. Wippermann, I Sportm...
11:15 - 12:00		
12:00 - 13:30	<i>Lunch break</i>	
13:30 - 14:15	Osteoporosis	Prof. Dr. med. D...
14:15 - 15:00		
15:00 - 15:30	<i>Coffee break</i>	
15:30 - 16:15	Sex and Gender differences in Forensic Medicine	Prof. Dr. med. ...
16:15 - 17:00		

  

Time	Subject	Lecturers
08:30 - 09:15	Sex-specific differences in the prevalence, clinical presentation and prognosis of rheumatic autoimmune diseases	Dr. med. Carmen-Marina Mihai, Klinik für Rheumatologie, Universitätsspital Zürich
09:15 - 10:00	Molecular processes behind the sex-specific differences in the pathogenesis of rheumatic autoimmune diseases	PD Dr. med. Caroline Ospelt, Klinik für Rheumatologie, Universitätsspital Zürich
10:00 - 10:30	<i>Coffee break</i>	
10:30 - 11:15	Differences in response to therapeutics in rheumatic autoimmune diseases	Prof. Dr. med. Burkhard Möller, Universitätsklinik für Rheumatologie, Immunologie und Allergologie, Inselspital, Universität Bern
11:15 - 12:00	Rheumatic autoimmune diseases and pregnancy	Prof. Dr. med. Frauke Förger, Universitätsklinik für Rheumatologie, Immunologie und Allergologie, Inselspital, Universität Bern
12:00 - 13:30	<i>Lunch break</i>	
13:30 - 14:15	Presentation and discussion of cases	Dr. med. Carina Mihai und PD Dr. med. Caroline Ospelt, Klinik für Rheumatologie, Universitätsspital Zürich/ Prof. Dr. med. Frauke Förger und Prof. Dr. med. Burkhard Möller, Universitätsklinik für Rheumatologie, Immunologie und Allergologie, Inselspital, Universität Bern
14:15 - 15:00		
15:00 - 15:30	<i>Coffee break</i>	
15:30 - 16:15	sum up	Prof. Dr. med. Johannes Scherr, Universitäres Zentrum für Prävention und Sportmedizin, Universitätsklinik Balgrist
16:15 - 17:00		

# Feedback

1. What do/did you take home?
2. How does the current module impacts your everyday professional life?
3. Are there any questions?
4. Any expectations that haven't been met/addressed?

---

## Thank you

---

### Contact

**Prof. Dr. med. Johannes Scherr**  
Universitätsklinik Balgrist  
Universitäres Zentrum für Prävention und Sportmedizin

Forchstrasse 319  
8008 Zürich, Schweiz  
[www.balgrist.ch](http://www.balgrist.ch)  
T: +41 44 386 5209  
[Johannes.scherr@balgrist.ch](mailto:Johannes.scherr@balgrist.ch)

